

LAMB DISHES

Boiled or pilau rice included with all main courses.

62.	LAMB JOHL A mild to medium curry spiced with coriander, cumin, turmeric, root ginger and garam masala.	£7.95
63.	LAMB MADRAS A hotter cousin to johl.	£7.95
64.	LAMB VINDALOO Hotter again.	£7.95
65.	LAMB PHAL Extremely hot, only for the experienced!	£7.95
66.	LAMB BHUNA Tender pieces of lamb sliced and cooked in a richly flavoured onion, garlic, turmeric and coriander sauce.	£7.95
67.	LAMB DUPIAZA Tender pieces of lamb cooked in a richly aromatic onion sauce.	£7.95
68.	LAMB PATHIA Tender pieces of lamb in a tangy sweet and sour Persian sauce.	£7.95
69.	LAMB DANSAK Tender pieces of lamb with lentils in our special sweet and sour sauce.	£7.95
70.	LAMB KORMA Delicately spiced and sliced tender pieces of lamb cooked with almonds and cream.	£7.95
71.	LAMB PALAK Tender pieces of lamb sliced and cooked with spinach, fresh herbs and garlic.	£7.95
72.	LAMB ROGAN JOSH Tender pieces of lamb sliced and marinated in our special spice combination, cooked with tomatoes and onions.	£7.95

PRAWN DISHES

Boiled or pilau rice included with all main courses.

73.	PRAWN PATHIA Freshwater Malaysian prawns simmered in a tangy sweet and sour Persian sauce.	£7.95
74.	PRAWN PALAK Freshwater Malaysian prawns cooked with spinach, fresh herbs and garlic.	£7.95
75.	PRAWN BHUNA Freshwater Malaysian prawns cooked in a richly flavoured onion, garlic, turmeric and coriander sauce.	£7.95
76.	PRAWN DANSAK Freshwater Malaysian prawns with lentils in our special sweet and sour sauce.	£7.95
77.	PRAWN JALFREZIE Freshwater Malaysian prawns covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.	£7.95
78.	PRAWN DUPIAZA Freshwater Malaysian prawns cooked in a richly aromatic onion sauce.	£7.95
79.	KING PRAWN PATHIA	£9.95
80.	KING PRAWN PALOK	£9.95
81.	KING PRAWN BHUNA	£9.95
82.	KING PRAWN DANSAK	£9.95
83.	KING PRAWN JALFREZIE	£9.95
84.	KING PRAWN DUPIAZA	£9.95

VEGETARIAN DISHES

Boiled or pilau rice included with all main courses.

85.	PANIR BUTTER Homemade cheese, delicious when stir fried with our special herb and spice combination.	£6.45
86.	VEGETABLE MASALA A mixed seasonally fresh vegetable combination cooked in vegetable ghee, ground almonds, tomatoes, fresh cream and saffron, a modern day classic.	£6.45
87.	MUTTAR PANIR Homemade cheese with garden peas, stir fried with traditional Syl-Heti spices.	£6.45
88.	PALAK PANIR Homemade cheese and spinach stir fried in traditional Syl-Heti spices.	£6.45
89.	NAZ-RATAN KORMA A selection of seasonally fresh vegetables cooked with tropical fruits to form a delightfully light and tasty sauce.	£6.45
90.	VEGETABLE DANSAK A selection of seasonally fresh vegetables with added lentils in a sweet and sour Persian sauce.	£6.45
91.	VEGETABLE PATHIA A selection of seasonally fresh vegetables cooked with spinach, fresh herbs and garlic.	£6.45
92.	VEGETABLE DUPIAZA A selection of seasonally fresh vegetables cooked in a richly aromatic onion sauce.	£6.45
93.	VEGETABLE JALFREZIE A selection of seasonally fresh vegetables covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.	£6.45

SIDE DISHES

94.	SABZI TRAY a selection of seasonally fresh vegetables cooked Syl Heti style.	£5.75
95.	BAI GAN BHAJEE (aubergine)	£2.95
96.	ALOO GOBI (potato and cauliflower)	£2.95
97.	GOBI BHAJEE (cauliflower)	£2.95
98.	BANGOR SATAR BHAJEE (mushroom)	£2.95
99.	PALOK BHAJEE (spinach)	£2.95
100.	SABZI JOHL (mixed vegetables)	£2.95
101.	DAAL MASALA (lentils)	£2.95
102.	BOMBAY ALOO (potato)	£2.95
103.	CHANA BHAJEE (chickpeas)	£2.95
104.	SAG ALOO (potato & spinach)	£2.95

SUNDRIES

105.	KEEMA RICE	£2.50
106.	EXTRA BOILED RICE	£1.50
107.	EXTRA PILAU RICE	£2.10
108.	EXTRA SPECIAL FRIED RICE	£2.50
109.	ONION SALAD	£0.75
110.	MIXED RAITHA (yoghurt)	£1.75
111.	CHIPS	£1.75
112.	MUSHROOM / ONION RICE	£1.75

HOMEMADE BREADS

113.	POPADOMS (plain or spicy)	£0.50
114.	DIPS & CHUTNEYS (mango, chilli & mint. All for £0.75)	£0.75
115.	PLAIN NAN	£1.75
116.	KEEMA NAN (stuffed with spiced minced lamb)	£2.10
117.	BENGAL SPECIAL NAN (our own sweet recipe)	£2.10
118.	GARLIC NAN	£2.10
119.	ONION NAN	£2.10
120.	MAHARAJAH NAN (stuffed with keema, fresh coriander and chilli)	£2.10



bengal

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Sun: 5.30pm - 10.30pm

322 Lisburn Road, Belfast, BT9 6GH
info@bengalbrasseriebelfast.co.uk
www.bengalbrasseriebelfast.co.uk

BENGAL BRASSERIE

The content of this Lisburn Road menu is a careful combination of the Syl-Het Region's dishes chosen for their amazing flavour and where possible local produce selected for its freshness and quality. All dishes are individually prepared to order. We would be happy to adjust the spice level of any dish on request.

ORDER ONLINE

www.bengalbrasseriebelfast.co.uk

STARTERS

1. **BENGALI RAJ PRAWN SPECIAL** £4.95
Lightly seasoned freshwater Bengali king prawns presented on a crispy pastry base with a traditional Syl-Heti sauce.
2. **KING PRAWN SUKKA** £3.95
Lightly seasoned freshwater Malaysian king prawns presented on a crispy pastry base with a traditional Syl-Heti sauce.
3. **PRAWN SUKKA** £3.55
Lightly seasoned freshwater Malaysian prawns presented on a crispy pastry base with a traditional Syl-Heti sauce.
4. **LAMB TIKKA** £2.95
Sliced tender lamb marinated in Bengali spices, cooked in the traditional tandoor for an authentic char-grilled taste.
5. **MURG TIKKA** £2.95
Sliced spring chicken breast marinated in Bengali spices cooked in the traditional tandoor for an authentic char-grilled taste.
6. **SHEEK KEBAB** £2.95
Freshly spiced and minced lamb combined with green herbs and lentils, shallow fried and wrapped in a omelette.
7. **ONION BHAJI** £2.75
Onions flavoured with an array of herbs and spices bound together with lentil flour, fried until golden and crisp.
8. **VEGETABLE PAKORA** £2.75
A selection of fresh seasonal vegetables flavoured with spices and green herbs dipped in a light lentil flour batter and fried until golden and crisp.
9. **MURG DAK NA** £2.95
Lightly spiced spring chicken breast, sliced and cooked in our own unique barbecue sauce.
10. **SAMOSAS** £2.95
Your choice of vegetable or meat fillings lightly spiced and wrapped in a deep fried filo parcel.
11. **MURG CHAAT** £2.95
Sliced chicken breast marinated and cooked in a spicy sweet and sour sauce.
12. **MURG PAKORA** £3.25
Lightly spiced strips of chicken breast lightly battered in lentil flour and deep fried until crisp and golden.
13. **GHOST LA AZIZ** £3.25
Sliced lamb cooked in the tandoor and smothered in an aromatic garlic sauce.
14. **PAKORA FEAST** £3.95
A little bit of everything; lamb, chicken and vegetable pakora accompanied by a Syl-Heti sauce.
15. **MIXED STARTER** £3.95
A tasty combination of chicken and lamb tikka, pakora and bhajee accompanied with chick peas and onions.

CHEF S RECOMMENDATIONS

Boiled or pilau rice included with all main courses.

16. **BENGAL BRASSERIE S SPECIAL** £14.05
To Start: Your choice of any chicken, lamb or prawn starter.
Followed By: Your choice of any side dish and any chicken, lamb or prawn main course. **Accompanied By:** A selection of popadoms, rice, raitha, nan and chutneys.
17. **LOBSTER SYL HET** £12.95
Bengali lobster delicately seasoned with green Syl-Heti herbs cooked in a refreshing orange and scallion sauce.
18. **KORA-HI CRAYFISH** £9.95
Freshwater Bengali crayfish, green peppers, root ginger, onions and selected spices to create a rich, well balanced but spicy sauce.
19. **KORA-HI MURG** £8.95
Tender pieces of chicken breast, green peppers, root ginger, onions and selected spices to create a rich, aromatic and spicy sauce.
20. **KORA-HI GOSHT** £8.95
Tender slices of lamb marinated in a tamarind puree, root ginger, green peppers, onions and selected spices to create a rich, balanced and spicy sauce.
21. **MURG JAL JAL** £8.95
Chicken breast marinated in tamarind and a sauce consisting of coriander, onions, green peppers and scallions.
22. **MURG OR LAMB NAGA** £8.95
A curry not for the faint-hearted, a sizzlingly hot dish with a distinctive aroma fired by the fearsome naga chilli.
23. **MURG REZALLA** £8.95
Tender chunks of chicken breast, mango, cumin and turmeric forming a light, sweet and creamy sauce.
24. **DHAKA GOSHT** £8.95
Tender slices of marinated lamb combined with Bengali spices and potato to create a rich, spicy and aromatic sauce.
25. **LAMB PASANDA** £8.95
Tender slices of lamb marinated in Assamese herbs, cooked in an almond and cream sauce.
26. **LAMB TIKKA BHUNA** £8.95
Tender slices of lamb marinated then cooked in the tandoor, shredded and finished in a spicy sauce with onions and tomatoes.
27. **LAMB OR CHICKEN TIKKA MASALA** £8.95
Your choice of meat cooked in pure ghee with ground almonds, tomatoes, fresh cream and saffron. A modern day classic.
28. **GARLIC CHILLI CHICKEN** £8.95
Tender chicken breast combined with garlic, cumin and chilli to create an aromatic and spicy dish.
29. **MURG MAK HANI** £8.95
Delicately spiced chicken breast cooked in the tandoor combined with cream and saffron.
30. **MURG SPECIAL** £8.95
Chunks of tender spring chicken breast marinated in Syl-Heti spices and cooked gently with an assortment of tropical fruits.
31. **GOSHT KASHMIR** £8.95
Slices of tender lamb delicately seasoned and spiced combined with fresh banana and cream.
32. **MURG JAF LONG** £8.95
Sliced chicken breast flavoured with Syl-Heti herbs and spices, root ginger and an orange sauce.
33. **MURG TIKKA BHUNA** £8.95
Tender slices of marinated chicken breast cooked in the tandoor, shredded and finished in a spicy onion and tomato sauce.
34. **SHA HI KORMA** £8.95
Barbecued chicken breast spiced, sliced and served in an almond and coconut cream sauce.
35. **MURG JALFREZIE** £8.95
Tandoor cooked chicken breast covered in a spicy garlic and root ginger sauce with freshly sliced onions, peppers and chillies.
36. **MURG OR LAMB METHI** £8.95
Meat of your choice spiced with cumin, coriander, turmeric and fenugreek to form a rich and delicious sauce.

FROM THE TANDOOR

All meats are first marinated in homemade natural yoghurt, Syl-Heti herbs and spices to maximise taste and tenderness afterwards cooked in a traditional clay oven, the tandoor, and served with a sauce of your choice, rice and salad.

37. **TANDOORI SHASHLICK** £10.95
A combination of crayfish, lamb and chicken tikka garnished with onions, tomatoes and green peppers.
38. **MURG SHASHLICK** £9.95
39. **TANDOORI KING PRAWNS** £12.95
40. **TANDOORI MURG (chicken)** £7.95
41. **TANDOORI MURG TIKKA** £7.45
42. **TANDOORI TIKKA GOSHT (lamb)** £7.45

CHICKEN DISHES

Boiled or pilau rice included with all main courses.

43. **MURG JOHL** £7.95
A mild to medium curry spiced with coriander, cumin, turmeric, root ginger and garam masala.
 44. **MURG MADRAS** £7.95
A hotter cousin to johl.
 45. **MURG VINDALOO** £7.95
Hotter again.
 46. **MURG PAAL** £7.95
Extremely hot, only for the experienced!
 47. **MURG BHUNA** £7.95
Chicken breast sliced and cooked in a richly flavoured onion, garlic, turmeric and coriander sauce.
 48. **MURG DUPIAZA** £7.95
Pieces of chicken breast cooked in a richly aromatic onion sauce.
 49. **MURG PATHIA** £7.95
Pieces of chicken breast in a sweet and sour Persian sauce.
 50. **MURG DANSAK** £7.95
Pieces of chicken breast with lentils in our special tangy sweet and sour sauce.
 51. **MURG KORMA** £7.95
Delicately spiced and sliced chicken breast cooked with.
 52. **MURG PALAK** £7.95
Chicken breast sliced and cooked with spinach, fresh herbs and garlic.
 53. **MURG PASANDA** £7.95
Chicken breast marinated in Assamese herbs and spices, sliced and cooked in the tandoor, garnished with almonds and coconut cream.
 54. **MURG ROGAN JOSH** £7.95
Chicken breast sliced and marinated in our special spice combination and cooked with tomatoes and onions.
- CHAWAL-E-KHAS BIRIYANI DISHES**
All of our Biryani dishes are cooked with specially selected and hand blended long Basmati rice, accompanied with a seasonal mixed vegetable curry sauce.
55. **BENGAL SPECIAL BIRIYANI** £8.45
A combination of sliced lamb, chicken breast, prawn and fresh vegetables.
 56. **PRAWN BIRIYANI** £7.95
 57. **KING PRAWN BIRIYANI** £9.95
 58. **MURG BIRIYANI** £7.95
 59. **MURG TIKKA BIRIYANI** £7.95
 60. **LAMB BIRIYANI** £7.95
 61. **SABZI BIRIYANI** £6.95
A mixed seasonally fresh vegetable Biryani prepared with the finest Basmati rice and served with a vegetable curry sauce.